

DAVID TRICKEY C.Psychol, AFBPsS

PROFILE

David Trickey is a leading Consultant Clinical Psychologist who has specialised in working with traumatised children, young people and their families since 2000. He continues to focus on direct clinical work, as well as the training and supervision of others working with traumatised children, young people and their families. He presents at international conferences and supervises doctoral research. He acts as an expert witness in civil and criminal cases, particularly where families have experienced family homicide. He was a member of the committee responsible for the 2018 revision of the NICE Guidelines for PTSD. In all of his roles he both contributes to and draws heavily on, the research literature.

PROFESSIONAL EXPERIENCE

**2018 to Present Co-Director,
UK Trauma Council, Anna Freud Centre**

- Co-ordination and facilitation of the sharing of research evidence and best practice guidance between leading academics, practitioners, and families.
- Creation of high quality, accessible, evidence-informed resources to reduce the negative impact of potentially traumatic events.

**2014 to Present Consultant Clinical Psychologist,
Specialist Trauma & Maltreatment Service, Anna Freud Centre**

- Assessment and intervention for traumatised children, young people and families.
- Provision of expert witness evidence (written and oral) for civil and criminal courts.
- Training in Trauma-Focused CBT for PTSD.
- Clinical lead of early intervention project (Child and Family Traumatic Stress Intervention).
- Supervision of professionals working with traumatised children and families.
- Supervision of doctoral and masters research projects.

**2014 to 2016 Consultant Clinical Psychologist,
Cambridge Clinical Psychology Services**

- Assessment and intervention for young people and families with PTSD, depression, anxiety.

**2011 to 2019 Clinical Tutor, Children and Young People's IAPT
University College London**

- Training of CAMHS clinicians on the Core Skills module.
- Development and delivery of the module and contribution to the Course Leadership Team

2005 to Present Clinical Psychologist in Independent Practice

- Supervision of groups of professionals working with traumatised children and families.
- Independent evaluation of the 7 July Assistance Centre for the UK Government (DCMS).
- Provision of expert witness evidence (written and oral) for civil and criminal courts.
- Scoping of the revision of the BPS Professional Practice Guidelines (2005).

**2009 to 2014 Lead Consultant Psychologist, Child Trauma Service,
Luton and Bedfordshire**

- Development of the service as it left the NHS and became a Social Enterprise.
- Establishment of new sources of funding (including charities, Local Authorities and NHS Commissioners), and strengthening existing funding sources.
- Assessment and intervention for traumatised children, young people and families.
- Consultation and supervision of professionals working with traumatised children and families.
- Training in Trauma and CBT.

2006 to 2009

**Lead Consultant Paediatric Psychologist,
Leicester Royal Infirmary**

- Assessment and intervention for children, young people and families experiencing potentially traumatic illnesses, injury or medical treatment.
- Strategic and operational management of Paediatric Psychology and Neuro-psychology.
- Consultation, training and supervision to other professionals within the hospital.

2005 to 2006

**Consultant Clinical Psychologist, Southwark CAMHS,
South London and Maudsley NHS Trust**

- Assessment and intervention for traumatised children, young people and families.
- Specialist supervision and training of multi-disciplinary teams.
- Planning and development of service.

2000 to 2005

**Clinical Psychologist, Traumatic Stress Clinic,
Camden & Islington NHS (Great Ormond Street Hospital from 2004)**

- Assessment and intervention for traumatised children, young people and families.
- Consultation to various professionals.
- Expert witness for civil courts.

1994 to 2000

**Clinical Child Psychologist, Child Psychology Service
South Lincolnshire NHS Trust**

- Assessment and psychological intervention for children, young people and families.
- Head of Service from 1998.
- Development, and significant expansion, of Service in conjunction with the LHA.
- Establishment of joint specialist services with Consultant Paediatricians.

PROFESSIONAL ACCREDITATION

Health & Care Professions Council: Registered Practitioner Psychologist (Clinical).

British Psychological Society: Chartered Clinical Psychologist, Associate Fellow,
Registered Applied Psychology Practice Supervisor.

QUALIFICATION AND POST QUALIFICATION TRAINING

2017 Mentalisation-based Therapy for families (MBT-F), Anna Freud Centre.

2015 Interpersonal Psychotherapy for Adolescents, Anna Freud Centre.

2014 Certificate in Psycho-traumatology, European Society for Traumatic Stress Studies (ESTSS).

2013 Certificate in Clinical Supervision, British Psychological Society (BPS).

2004 Certificate of Expert Witness Accreditation, Cardiff University & Bond Solon.

2004 Manchester Child Attachment Story Task training, Manchester University.

2002 Statement of Equivalence (i.e. equivalent to doctorate in clinical psychology), BPS.

2002 Family Assessment Framework, Institute of Family Therapy.

2001 EMDR Level 2 Training & Child Training, EMDR Institute.

2000 EMDR Level 1 Training, EMDR Institute.

1997 Post-graduate Diploma in Family Therapy, Institute of Family Therapy.

1993 MA Child Psychology, Nottingham University.

1989 BSc (Hons) Human Psychology, Loughborough University.

PUBLICATIONS

- Mavranezouli, I., Megnin-Viggars, O., **Trickey, D.**, Meiser-Stedman, R., Daly, C., Dias, S., Stockton, S., Pilling, S. (2019). Cost-effectiveness of psychological interventions for children and young people with post-traumatic stress disorder. *Journal of Child Psychology and Psychiatry*.
- Mavranezouli, I., Megnin-Viggars, O., Daly, C., Dias, S., Stockton, S., Meiser-Stedman, R., **Trickey, D.** & Pilling, S. (2019). Psychological and psychosocial treatments for children

and young people with post-traumatic stress disorder: a network meta-analysis. *Journal of Child Psychology & Psychiatry*.

- **Trickey, D.**, & Meiser-Stedman, R. (2018). Advances in the Assessment of PTSD in Children and Young People. In L. J. Farrell, T. H. Ollendick, & P. Muris (Eds.), *Innovations in CBT for Childhood Anxiety, OCD & PTSD*: Cambridge University Press.
- Ehnholt, K. A., **Trickey, D.**, Harris Hendriks, J., Chambers, H., Scott, M., & Yule, W. (2018). Mental health of unaccompanied asylum-seeking adolescents previously held in British detention centres. *Clinical child psychology and psychiatry*, 23(2), 238-257.
- Shankar, S., Nolte, L., & **Trickey, D.** (2017). Continuing bonds with the living: bereaved parents' narratives of their emotional relationship with their children. *Bereavement Care*, 36(3), 103-111.
- **Trickey, D.** (2017). Stress and Reactions to Stress in Children. In D. Skuse, H. Bruce & L. Dowdney (Eds.) *Child Psychology and Psychiatry 3rd Edition: Frameworks for Clinical Training and Practice*. Wiley.
- Meiser-Stedman, R., Smith, P., McKinnon, A., Dixon, C., **Trickey, D.**, Ehlers, A., Clark, D. M., Boyle, A., Watson, P., Goodyer, I. and Dalgleish, T. (2017), Cognitive therapy as an early treatment for post-traumatic stress disorder in children and adolescents: a randomized controlled trial addressing preliminary efficacy and mechanisms of action. *Journal of Child Psychology Psychiatry*, 58(5), 623-633.
- Siddaway, A. P., Wood, A. M., Schulz, J., & **Trickey, D.** (2015). Evaluation of the CHUMS child bereavement group: A pilot study examining statistical and clinical change. *Death Studies*, 39, 99–110.
- **Trickey, D.** (2014). Zu viel Angst, um traurig zu sei. Traumatische Trauer bei Kindern [Too Scared to be Sad: Traumatic Bereavement in Children and Young People.] In F Roseberg & M. Muller (Eds.) *Handbuch Kindertrauer [Handbook of Child Bereavement]*. Vandenhoeck & Ruprecht.
- **Trickey, D.** (2013). Post-traumatic Stress Disorders. In P. Graham & S. Reynolds (Eds.) *Cognitive Behavioural Therapy for Children and Young People; 3rd Edition*. CUP.
- **Trickey, D.**, Siddaway, A. P., Meiser-Stedman, R., Serpell, L., & Field, A. P. (2012). A meta-analysis of risk factors for PTSD in children and adolescents. *Clinical Psychology Review*, 32(2), 122-138.
- **Trickey, D.** & Nugus, D. (2011). The evaluation of a therapeutic residential intervention for traumatically bereaved children and young people. *Bereavement Care*, 30(1), 20-27.
- **Trickey, D.** & Black, D. (2009). Child trauma. In M. Gelder et al. (Eds.) *New Oxford Textbook of Psychiatry. Second Edition*. OUP.
- **Trickey, D.** Experiencing Refugee Status After Previous Trauma. In Appleton, P.L. (Ed.) (2008). *Children's Anxiety – A Contextual Approach*. Routledge.

KEY RECENT PRESENTATIONS

- *Complex PTSD for Children and Young People*. Anna Freud National Centre for Children and Families.
- *Trauma-focused CBT for Children and Young People with PTSD*. Two-day workshop to various UK CAMHS as well as services in Turkey, Denmark, Ireland and Chile.

INSTITUTION AND WORKING GROUP MEMBERSHIPS

- NICE PTSD Guideline Revision Committee 2017-2018.
- Expert Adviser for NICE Centre for Guidelines (from 2019)
- NHS-England Measuring Children and Young People's Mental Health Outcomes group.
- British Psychological Society:
 - Division of Clinical Psychology (DCP)
 - Faculty for Children Young People and Families (FCYPF)
 - Crisis, Disaster and Trauma Psychology Section (CDTPS)
 - Register of Applied Psychology Practice Supervisors (RAPPS)

- Fellow of the Winston Churchill Memorial Trust (Early Interventions for Children and Young People Following Potentially Traumatic Events).
- Advisory Committee of the Children and War Foundation.
- UK Psychological Trauma Society (UKPTS) and European Society for Traumatic Stress Studies (ESTSS).
- Association for Child and Adolescent Mental Health (ACAMH).
- British Association of Behavioural and Cognitive Psychotherapies (BABCP).